



Course Title: Certificate in Couples Counselling (4 Days)

Course Description: This course will give you everything you need to know to feel confident to start working with couples in therapy. We teach a number of models that can be integrated with your existing therapeutic modality to allow you to develop your own identity as a Couples Counsellor.

Who is it for? This course is aimed at qualified counsellors or advanced trainees who wish to add couples counselling to their existing practice.

What will you learn? Topics covered include:

- Assessment and diagnosis of the couple
- Ethics and safeguarding
- Two models for understanding the couples dynamic
- Practical skills to aid your clients progress

Style of Teaching: The course will be taught through a mixture of experiential exercises, small group activities and didactic teaching. Groups are taught by 2 trainers to ensure you get a personalised learning experience.

About the Trainers: Rosalind Sharples PTSTA(P) and Nathan Gould CTA(P) are Transactional Analyst Psychotherapists with a wealth of experience working with individuals, couples and groups. Together they bring a unique blend of teaching styles that provides a safe environment for you to learn and grow. They are Principal and Co-Principal of West Wales Institute of Counselling and Psychotherapy.

Additional Information: Successful completion of this certificate allows access to our advanced training course. Supervision on your couples work is available in person, or via Zoom, from both trainers.

Location: Drighlington Health Hub, 209-211 Wakefield Road, BD11 1EB and West Wales Institute of Counselling and Psychotherapy, Tycanol, Brynberian, Crymych, Pembrokeshire SA41 3TZ

Date: Wales, March 14/15 and April 25/26

Yorkshire: August 8/9 and 22/23 9.30am till 5pm

Cost: £450 pay £100 to secure your place with the balance due 4 weeks before the commencement of the course